

INTERDEPENDENCE

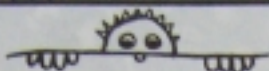


INTERDEPENDENCE

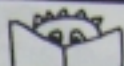


1995 Rainbows

Notices



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Summer Dhamma Camp 1996
 Details about next year's camp will be in the next issue of the Forest Sangha newsletter (Autumn)

Young Person's Retreat
 8th - 10th December
 with Ven. Sobhana
 This is a retreat for people aged between 15 and 18 years who are interested in understanding how meditation helps in our everyday lives. There will be formal meditation instruction and group discussions. Everyone who comes is expected to keep the 8 precepts while at the monastery and be willing to speak about their experiences for details contact Amaravati Buddhist Monastery.

Each month The Nothing Times is produced with and from the Dhamma class. If you would like to receive copies of this fab magazine please write ... to Ven. Kusalo at Amaravati

Sunday Dhamma Classes
 Dhamma classes, led by Ven. P. Kusalo, take place on the last Sunday of each month. They run from 12:30 to 2:30. You are welcome to come for the meal with the sangha at 10:30.
 The classes are held in the Rainbow Room, at Amaravati.

Rainbows is produced for free distribution at Amaravati Buddhist Monastery. If you enjoy reading Rainbows and would like to contribute towards producing and distributing it, you can send a donation to 'The English Sangha Trust'.

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Front Page Drawing by: Jessie Errey
 Back Page Drawing by: Beatrice Williams

Data protection Act
 The Rainbows mailing list is kept on computer. Let us know if you want your name added, altered or removed.

THE WHEEL OF LIFE

COLOURING PAGE



WHAT'S IT ALL ABOUT?

MONSTER

The Lord of Death and the protector of the Dhamma.
 Why do you think the Lord of Death has such a fierce face?
 Is it to make us scared of death or is it possible he is a fierce friend to scare
 away the fear we have of death and encourage us to understand that death is part of
 nature's cycle?

PIG ❁ ROOSTER ❁ SNAKE

Things that make the Wheel of Life go round. The Rooster represents wanting to get things; the Snake is hating and pushing away; the Pig is about being mixed up and not knowing how to behave. These three creatures chase and bite each other's tails. All these kinds of feelings are connected together. Conditions are things which make something happen.



Blind Person

IGNORANCE

Ignorance is not knowing you can choose.

Potter

HABITS

Habits are what happens before you think.



Monkey Holding Fruit
 Person Rowing Boat
 Empty House

**CONSCIOUSNESS
 BODY & MIND
 SENSE BASES**

These three are what are needed when you are born as a feeling human being.

Man and Women Making Love

CONTACT

How the world meets your senses.

Boy with Arrow in Eye

FEELING

3 kinds of feeling - pleasant, unpleasant, & neutral - which can happen with contact.

Someone Drinking Alcohol
 Monkey Picking Fruit From Tree

**CRAVING
 GRASPING**

Wanting something and you can't let go.



Pregnant Woman

BECOMING

When you want something so badly you can't imagine living without it.

Baby Being Born

BIRTH

When you get something and feel complete for a time.

Old Person Walking With A Stick

**OLD AGE
 SICKNESS AND
 DEATH**

Suffering: Nothing is really ever satisfying. Even if you get what you want, it changes and you feel disappointed.



The Buddha



The Buddha is outside the wheel because death doesn't disturb him. Neither does the cycle of wanting and the sadness of not having.



Going Forth

The week before Anagarikas Laura and Sheila became Nuns, Nick Kenyon interviewed Laura about how she felt about becoming Sister Kovida.

'Going Forth' means to leave behind the ways of the world.

Nick: What work did you do when you first came to the monastery?

Laura: I worked in the kitchen, first helping with washing up, then managing. At first I felt insecure, stressful, as the kitchen is one of the most pressurised places here. I was too idealistic, and had to learn to be more sensitive to changing situations. I learned more later, by looking back and realising how perhaps I could have been cooler, more flexible, less uptight.

Nick: So what made you decide to become a nun?

Laura: When I used to visit this monastery, it felt so peaceful, a sanctuary. I found it profoundly satisfying, a way of getting beyond the habits which limit us.

Nick: What use are monks and nuns?

Laura: Before I joined I used to do socially useful work in a community centre etc. But I felt I could not do it well as my heart was not open enough, I had too much sense of self. This monastery offers people wisdom, an example of how people from very different backgrounds can live together, in peace.

Nick: What sort of meditation do you prefer?

Laura: As I get too intense and worried, I incline to breathing meditation, to calming my mind. I try to put things down, contemplate tranquillity and stop judging myself. In the morning I concentrate on an object, to try to brighten my mind.

Nick: What are the best moments?

Laura: I like being with my friends here. I like listening to Dhamma, feeling it makes sense.

Nick: And the worst moment?

Laura: Having an argument - it is a painful experience.

Nick: How do you feel about being ordained? Pleased? Nervous?

Laura: I feel a mixture of things. Above all it feels right for me, helpful for my life.





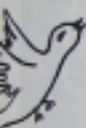
Flying Free

A Guided Meditation



Imagine you are a bird flying free... soaring, dipping, turning, diving... up and down, in any direction... chasing across land and water, over mountains and valleys, forests and towns... look at the colours and shapes below...

Now you are just one bird in a flock of over two hundred birds flying together... whatever they do, you do... up they soar and so do you... they are turning sharply and so are you... watch carefully the other birds or you may be lost... how different it was when you were alone...



Now you are leading the flock... everywhere you go, they follow... you cannot see the other birds but you can hear and feel behind you the beating of wings... you must decide the speed, the direction, the route for all the other birds...



Now you are alone again in the sky... you are free to swoop and dive as you want to... how does that feel?... is it better to be constrained or to be free?... can you be close to others and still be free?..



Now spread your wings and glide gently down to earth.



IT ALL 'DEPENDS'...

that means - everything needs some-thing to create it, or make it grow, or protect it...

...let's think about it - together!

what does an apple depend on?

what does the earth depend on?



wisdom
goodness
mind-training

having someone you can share things with!

what does friendship depend on?

someone who helps you when you're in trouble!

not letting people down!

what does your mind depend on?



what does happiness depend on?

not being mean or selfish!

being able to learn from mistakes!

living in harmony with others!

if you act with a pure mind, happiness will follow like your never-departing shadow!

so... it all depends on you!

by Ajahn Sucitto

* from *Dhammapadam*
(Buddhist poems)

Interdependence Word Puzzle

Love
Need
Faith
Depend
Care
Trust

Interdependence

Connected

Oneness

Happy

World

Together

Another

Me

You

Us

Always

Special

Important

Support

Protect

Look After

L	E	T	D	N	E	I	R	F	H	E	L	P	E	P	V
O	V	C	L	C	B	T	R	O	S	Y	O	U	R	R	S
M	R	I	N	T	M	D	O	R	M	V	V	S	A	M	U
I	N	T	E	R	D	E	P	E	N	D	E	N	C	E	P
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L	P	S	P	E	C	I	A	L	M	N	T	G	L	P	P
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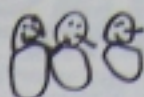
Link Good Help Safe Friend Forever Ask Give Gift Live Share Kind



Interdependence & Words

- How many words can you make from the letters in "Interdependence"?
- Words are interdependent - you can only explain what one word means by talking about it using other words.
- Words make people interdependent - we all have to agree what words mean to talk together.





THE WILD GEESE

By Bethan 6 years

Once upon time there live a duckling. He grew up to be a circus goose then he grew old and died. But when he died he heard a voice that said, "Would you like to live again?"

"Yes please," said the goose.

"You may choose a universe."

"I want to come back to Earth again," said the goose.

"You may choose any animal that you wish to be."

"I wish to be a goose again."

"Would you like to be a boy or girl?"

"A girl, this time."

"Which country would you like to live in?"

"In England so I can lay eggs for my master. He can feed me and keep me safe from foxes. I can then have chicks that grow up to be happy little geese."



PICTURE GALLERY



CHRIS AND LUMA

CHRIS AND LUMA ARE WALKING IN A WOODS

LUMA: HOW DO WE DEPEND ON EACH OTHER?

PEOPLE DEPEND ON EACH OTHER EVEN IF THEY DONT WANT TO. IT'S PART OF LIVING. YOU CANT NOT NEED ANYBODY

SEEING CHRIS CONFUSED, LUMA SAID...

IT'S LIKE A CHAIN! WE DEPEND ON FRUIT, THEY DEPEND ON THE TREE AND SO ON...

CHRIS MIGHT HAVE THOUGHT THIS

LUM - banana - banana tree

LATER, AT HOME...

LET'S MEDITATE AND REMEMBER TODAY

IN THEIR MINDS THEY REMEMBER AND ARE GRATEFUL FOR THE EVENTS OF THE DAY.

independence
peace
15

independence

NEXT MORNING...

LUMA: WHAT DOES RELATIONSHIP MEAN?

THE END

by RACHA GREER

SANGHA QUESTION TIME

by Rags, Holly, Olivia, Claire



Ajahn Viradhammo is Abbot of Amaravati, he was ordained as a Samanera in Thailand in 1972.

and Laurel

Venerable Sobhano has been in robes for ten years, he is work monk at Amaravati and a coordinator of many of the monasteries events.



Venerable Kusalo runs the children's Dhamma class at Amaravati and publishes the monastery newsletter, he ordained as a novice in New Zealand five years ago.



What is interdependence?

"What I am now depends on what happened in the last twenty years. There's also a kind of interdependence between you and the environment, whatever conditions come up in the environment affect me emotionally. The Buddha pointed to Nibbana - that's something totally beyond interdependence."

How did it feel when you left the monastery on Tudong and had to depend on other people for everything?

"Sometimes I felt very insecure, worried that I wasn't going to be looked after but it usually worked out that I was, so it brought a lot of faith and happiness because there was always some good person who was able to look after me."

Do any other monks depend on you?

"In my job in the monastery, I help people to know what's going on every week and sometimes I help them organise events too but if I wasn't here there would always be someone else to do my job, so they depend on my job not on me personally."

What do you think interdependence is?

"Interdependence relies on the separation or discrimination of objects; between one thing and another. It defines their relationship, like man and woman or big and small, as being two separate things. The opposite of interdependence is independence, which is when discrimination ceases and there is no separation — no sense of being separated from anyone or anything."

As a monk who do you depend upon most apart from the lay people?

"The Sangha because they help me in the spiritual life, we give mutual support. Firstly my teachers Ajahn Sumhedo and Ajahn Viradhammo then all the other monks and nuns. I depend on the lay people for physical support and the Sangha for support in the spiritual life."

Has becoming a monk made you feel satisfied?

"Well I've been in robes for five years now and I still like doing it. I can look back and see how I was feeling then and I can say I'm generally happier. I don't feel quite so anxious about being alive and more comfortable being me - so yes!"

Is there interdependence between Scum and Lionel?

"Well basically Scum is wisdom and Lionel is kindness and compassion. You always need a balance because if you have too much wisdom and no kindness or compassion everything gets very cold and sterile and there's no heart relationship. But if you have kindness and compassion without any wisdom, you love everyone and give all your money away, people take advantage of you. So it's important to have that balance - they look after each other."

What does it feel like to be depended upon by so many people in the monastery?

"Being the Abbot many people come to me with questions, it's a relationship where I try to guide, help and to encourage people but not to have them attach to me. So long as there is no attachments there are no burdens on anyone."

Why did you become a monk?

"Because I wanted to achieve inner peace and silence."

How does it feel to be completely dependent on lay people?

"I'm not completely dependent on lay people but I have to rely on them for the four requisites (food, shelter, clothing and medicines ed.), that's very humbling. So each day I have to reflect on the fact that if it wasn't for the lay people I wouldn't be able to practice. It also brings up a lot of gratitude for being able to be a monk and living this way."

Why did you become a monk?

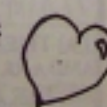
"I became a monk to try and give a good life and I thought that by becoming a monk I would find a way to reach enlightenment."

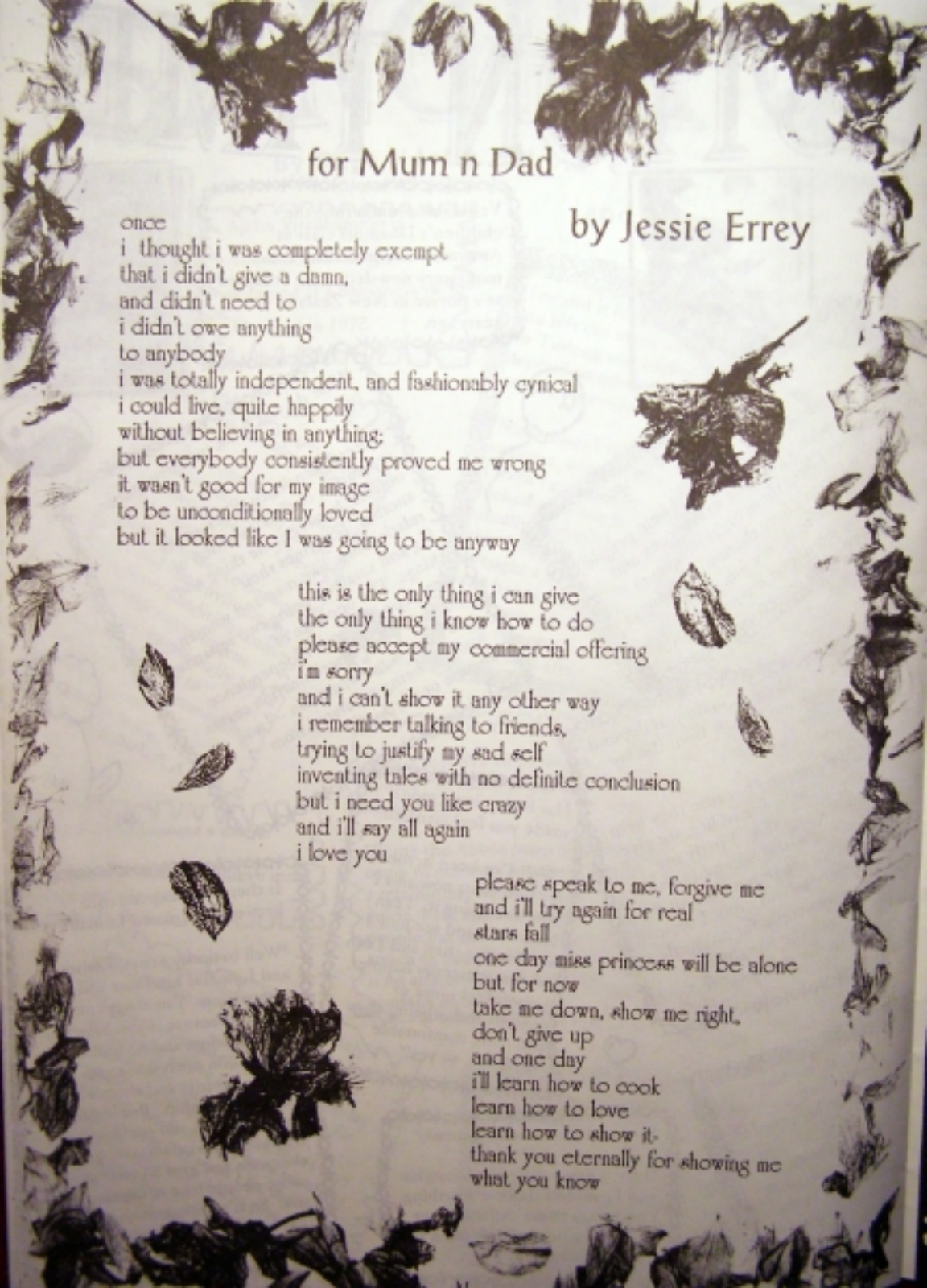
What does it feel like being completely dependent on lay people?

"Sometimes it feels frustrating that you can't do what you want to do, but it also feels like a great privilege to have other people helping you."

Why did you become a monk?

"I tried many different lifestyles and I couldn't think of anything else better to do. All the other things I've done didn't seem to make me happy."





for Mum n Dad

by Jessie Errey

once

i thought i was completely exempt
that i didn't give a damn,
and didn't need to
i didn't owe anything
to anybody

i was totally independent, and fashionably cynical
i could live, quite happily
without believing in anything;
but everybody consistently proved me wrong
it wasn't good for my image
to be unconditionally loved
but it looked like I was going to be anyway

this is the only thing i can give
the only thing i know how to do
please accept my commercial offering
i'm sorry
and i can't show it any other way
i remember talking to friends,
trying to justify my sad self
inventing tales with no definite conclusion
but i need you like crazy
and i'll say all again
i love you

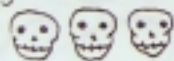
please speak to me, forgive me
and i'll try again for real
stars fall
one day miss princess will be alone
but for now
take me down, show me right,
don't give up
and one day
i'll learn how to cook
learn how to love
learn how to show it-
thank you eternally for showing me
what you know

SKELETONS IN THEIR CLIPBOARDS

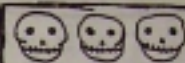
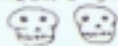
Once I was with my friend doing the splits and suddenly my trousers ripped all the way up the middle. I was so embarrassed I went to sit in the corner and everyone looked at me like I was stupid.



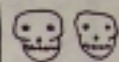
To get to my photography class, I get on a bus which stops outside a private boys' school. One week I was sitting on the bus feeling really good about myself; I'd just had a big chocolate muffin, life was sweet. At the school boys began filling the bus. I couldn't resist a little flirting, and so I turned around to the boys, making eyes and licking lips. They began staring at me and whispering amongst themselves. I thought, "Wow, I'm a Goddess." After 10 minutes of this I glanced into the mirror to check my beauty and found I had chocolate smeared all round my mouth - no wonder they'd been staring!



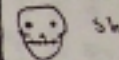
Once I was in a phone box and I'd just bought an expensive phone card. I wasn't sure how to use it so I put it into the box labelled "phonecards here". I waited for something to happen down the receiver, but nothing did, and then I saw the phonecard slot!



Escape to a Monastery and live there for the rest of your life



Social death

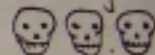


Shame!

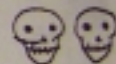
SHAME-O

★ -SKULL-O★
METER

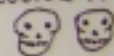
Once I went to a swanky café for a treat when I was about to tuck in, I realised I had some gum in my mouth, so I tucked it behind my ear. After the meal I tried to get it out but it got stuck in my hair. We asked for scissors but they only had a breadknife. The entire café watched while I sawed at the gum in my hair...



When I was in the 6th form, my friends and I all turned up in shorts one hot day. Our female teacher decided this wasn't on and sent us boys home - but she let a mini-skirted girl stay! Next day we had the same teacher so before the lesson we went to the drama cupboard and raided it for miniskirts. We turned up to the class in them, but the teacher had a mental and sent us home.



I came to stay at Amravati once and I was halfway through my shower when I ran out to the loo, conditioner in my hair and all dripping wet. I came out to find that the bench had fallen and blocked the door. I had to find a ladder and climb from the other cubicle in my towel!



AUNTIE DUKKHA'S PROBLEM PAGE



Write and
tell Auntie
your problem
for instant enlightenment!



AUNTIE DUKKHA

See if Max's
anything he might want
to do - say mutual interests
you might have, and do something
together - focus on being together
of anything. If he still won't
respond, perhaps you need
to stop trying so

Dear Auntie Dukkha,
My boomerang won't come
back. Please help me.

AUNTIE DUKKHA

WRITES:

Try throwing it
Trust me, it really
does work. *

Dear Auntie Dukkha,
I don't think my mum
likes me. I know she
loves me because she's
my mum, but she likes
my sister better and even
says so. please help.

Dear Auntie Dukkha,
I always try to be
calm and loving with
my eldest son but
he is very distant
and never tries to
speak to me except
aggressively. I like
his girlfriend but
it doesn't seem to
help the relationship

hard and give him
his space,
just
"let
it be"

Dear Auntie Dukkha,
My children keep
disturbing me when
I'm trying to
meditate. What
can I do?

**AUNTIE
DUKKHA
WRITES:**

Can you see things
from your mum's point
of view at all? What sort of
pressures is she under at the
moment? As she really loves you,
perhaps you could suggest that
you sit down and talk this one out
perhaps doing something nice
especially for her, or telling
her you love her, will help your
relationship. Let her know how
you feel! *

**AUNTIE DUKKHA
WRITES:**

Ask them if they'd like to join in.
If not, wait till they're asleep! Or better
still, use that disturbance as part of your
spiritual practice - how does it feel
to give a funny answer, it's all
just for the mind! *

AUNTIE DUKKHA'S PROBLEM PAGE

CONTINUED



Dear Auntie Dukkha,
Help me! I can't get on-
lightened. Gimme a clue,
will ya? - A kangaroo

AUNTIE DUKKHA WRITES:

Stop torturing yourself. Man,
you'll never achieve it.
Live in the now!

(If anyone finds the solution,
answers on a postcard to
Amaavati Buddhist Monastery)*

Dear Auntie,
I try to have a caring
and friendly relation-
ship with my girl-
friend but she cries
all the time when I
go away and I feel
really bad. I love her
very much - please help.

AUNTIE DUKKHA WRITES:

Initially it sounds like you
could both benefit from
sitting down and talking.
Perhaps she has had
a bad experience with
a relationship in the
past and needs
reassurance that

you love her and that she can trust you while
you are away. Try to see her point of view*

Dear Auntie Dukkha,
I know some people
who are very good and
kind but I remember
a time when they were
nasty & unkind. It's
not even so much a
memory as a feeling.
I don't like it but
I can't make it go
away. Any ideas?

AUNTIE DUKKHA WRITES:

I'm sure everybody wonders
what the point is some-
times and no, you are
not a "Bad Buddhist."
Questioning is a
healthy - a necessary -
part of religion,
so don't feel
bad about it.
Good luck

Oh, dear, Auntie Dukkha,
I've got such a dilemma. One
cat has fleas, cats come every
year to the store cupboard,
and we even had an infestation
of rats once, but the Buddha
says "Don't kill." Help.
Tichy of Sussex

AUNTIE DUKKHA WRITES:

Dear Tichy of Sussex,
On one hand you can say the fleas
belong to flea houses and not in
human houses, and that rats should
go where rats go, and not where you go.
However you can also argue that you
should accept it and let them live
alongside you in (virtual) harmony.
I leave it up to you - it's your karma

AUNTIE DUKKHA WRITES:
Try to accept that
all people contain elements
of "good and evil" and
everybody acts in a
naughty and unkind way at
times. Once you realise
this and learn to "let it
be", it will be easier
to understand them - and
yourself.*

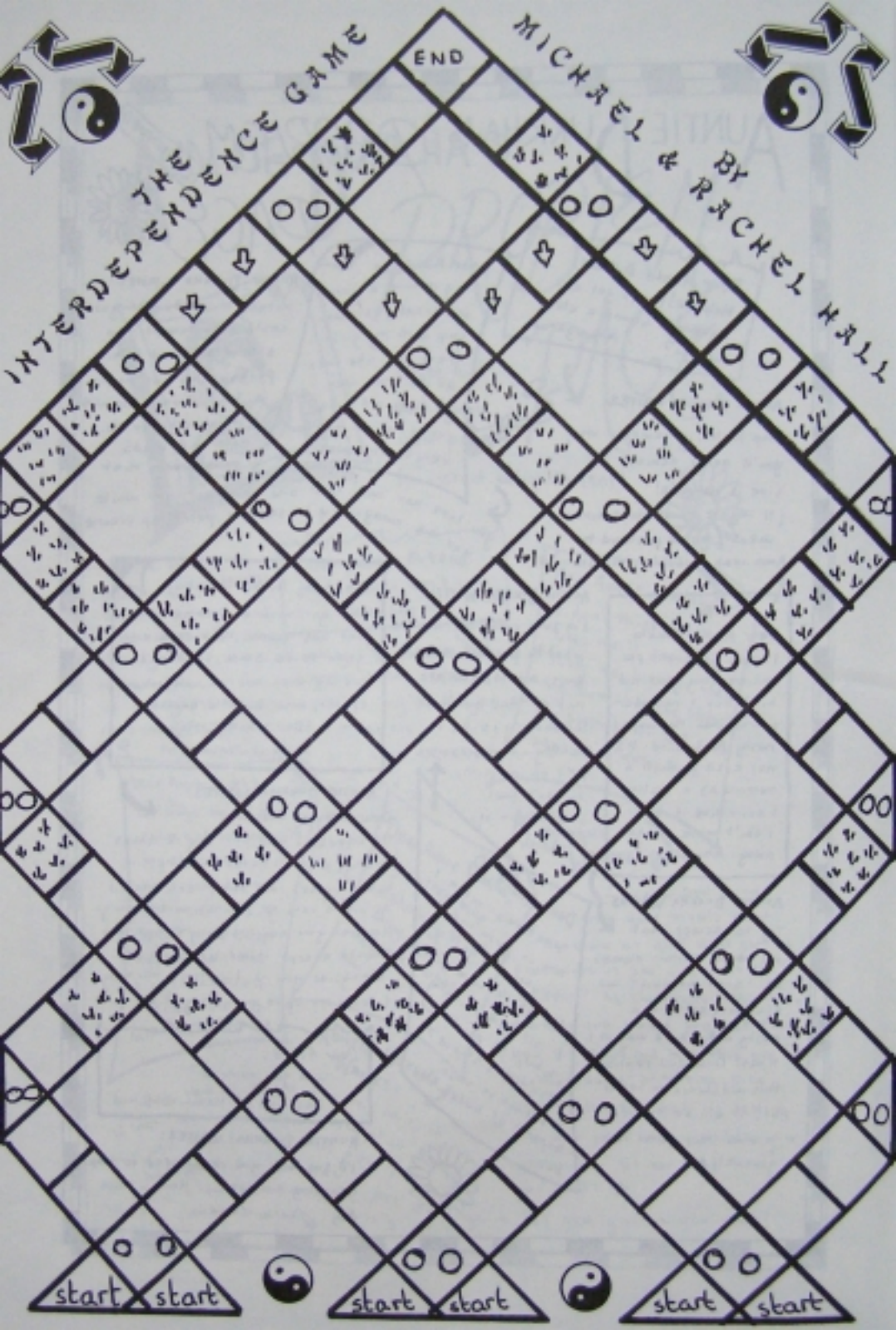
Dear Auntie D,
Somehow when I
am in pain and the
songs are going
through the radio waves,
I sit there thinking
"What's the point" and
also "this stupid D-
I believe in your
aspects of Buddhism."
btw



Dear Auntie,
Will you marry me?
Despook of Hanoi-Hanoi







AUNTIE DUKKHA WRITES:

I'd say that you really need to stop
grasping and let go. Have a nice
day, Auntie Dukkha





Rules for The Interdependence Game

- 1 This game is for three or more players. The aim is for all the counters to reach the top of the board.
- 2 To begin, find three counters each; you have to be able to tell them apart. Each player places their three counters on one of the starting points.
- 3 Each player throws a dice and the player with the highest number goes first.
- 4 Players move their counters forwards (up the board) the number of squares shown on the dice. A player may choose which of their three counters to move on their turn, but may only move one of their three counters in any one turn.
- 5 At a junction, a player may decide which of the two routes to take going forwards; going backwards is not allowed.
- 6 If your counter lands on a square marked  which is already occupied by another player's counter, then you or they can, on following turns, move all the counters on together. Two or three counters can join and move together in this way, but they must belong to different players.
- 7 Players can move their counters together as long as they wish. However, at any point, one player may decide to leave the other(s), and can move on alone.
- 8 If your counter lands on a Bog Square, marked  alone or with another counter, it cannot move and must wait to be rescued. (While you are waiting for one counter to be rescued, it is OK to move your other counters on your turn.)
- 9 You are rescued from a bog when another counter (or counters) land on the same square. Then, on the rescuers next throw, all counters can move forward together out of the Bog. You can not be rescued by one of your own counters or by a group of counters which includes one of your own.
- 10 Three counters travelling together can land on a Bog square without getting stuck.
- 11 If you land on a square marked  you can move your counter back to rescue any player stuck in a Bog square behind you. You do this by placing your counter on top of the trapped counter, then moving on together on your next move. If two or three counters land on a  square together, then either one or more can go back.
- 12 You can not land on one of your own counters. You can not land on another player's counter unless it is on a  (connect) or  (bog) square.
- 13 To finish, you need to throw an exact number, otherwise you move on past the peak.
- 14 If all the players reach the top with all their counters, then everyone has won. If any counters (even just one) fail to reach the top because they remain in a bog, then everyone has lost.



Two poems and a flower

by dominic carroll

I is we and we are he
and all of us are them,
I are all and you are me
and we all let us in,
I is in and we are out
and they all know the call,
I is us and us sit back
and we become them all



rhona D.

No One Can Live Without Love

By Rhona Breeze

No one can live without love
It's like a beautiful bridge
linking hearts together.
Love is all around you.
You can't touch or smell it.
But you can give or share it.
We have to depend on someone
to give us that love.
And we are depended upon
to give some love back.

GLOBAL MEDITATION

Imagine
the whole world


as if it were a small globe, a sphere just a few feet across suspended in mid-air. See the blue of the water, the green, the brown, the yellow of the sand, the white ice caps and the clouds. Walk around it, and look at it closely. Marvel at the thin layer of water on its surface, and the thin layer of atmosphere. See how the water rises from the seas into the clouds, falls as rain on the land, and flows back to the sea. See how the water helps plants grow, and how many species of tiny creatures depend on the plants, the water and the air. See how the air is continually freshened by the green areas. Marvel at how well it all fits together, how well the creatures and plants, the land, sea and atmosphere support each other to make a perfect system. If only the world were a few feet across, we would all work hard to protect it and preserve it, because it would be a marvel for us all to enjoy, and we would know that if we destroyed it we would never be able to replace it. If only the world were a few feet across.

by Jeff Lewis






Today Sister Candasiri came to visit the Dhamma School and we asked the children what they thought of this new school they joined either in September of last year or just this January. Henry and Arla are 5, Emily, Laura and Robin are 4 Toby is 6 and Laurie 7.




"What is it like being in the Dhamma School, Henry?"

"I like the school because there's writing and playing and working and all sorts of things."




"Of all the things you do what do you look forward to most of all Arla?"

"I like playing with the polydrons and the multlink."



"Toby. Tell me what it's like at the school."


"It's very, very small."




"How does that make it different?"

"It's good."

"What sort of things do you do differently from your other school?"




"We had a big playground instead of going to the park, and the work was more difficult there. I can do this."



"Do you like being at the Dhamma School Laurie?"


"Yes. At my other school there wasn't enough things to do. We do much more. There was no computer at my other school."




"Is there anything about this school that you think is unusual?"

"We can choose what we want to do."


"Robin. What is it like at the Dhamma School?"



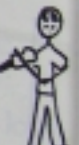
"Stupid," says Robin with a twinkle in his eye and a big grin.



"We take the register in French sometimes, don't we Laura?"




"Yes we do. And I sang happy birthday to my cousin in Welsh and a bit in English. Here I do more things, much, much more things. I play with the other children here and adults too."



"The chanting and the bowing and the incense; what do you think of that, Henry?"

"I like the meditation because it's good for you."


"What does it do for you?"



"It makes you into a saint. You aren't greedy."


"Do you like meditation Arla?"

"I love meditation."



"You can't love meditation."

"Emily thinks you can't love meditation because you can't marry it!"



"Why don't you like puja Emily? Do you find it hard to sit still?"

"Yes. Because I'm a bit tired."

"What do you think would be a better way to start the day?"

"Swimming!"



In The Beginning

It was 1986. Amaravati had only existed for a year or so. We visited as separate families when we could, and fitted in with the monastic community.

At one point, one of the Bhikkhus suggested that some of the families could come to the monastery and use a corner of the field to camp. I don't remember the different families ever arranging to be there at the same time, so was exciting to arrive, and meet with old friends and new ones who had also come for the weekend. One mum had come by several trains with two small children, an enormous tent and a pack.

We kept our separate spaces, put up our separate tents and got out our separate cooking pots and food.

Soon the children began to play together.

Someone said, "This saucepan's enormous; it would hold enough for us all."

Someone else said, "Shall we add our food to it?"

Another one added, "I've got this cake we could share."

The separateness melted away as we became a group sharing a meal, a big Buddha family instead of separate families.

Then someone else said,

"Shall we do this next year and ask other families to come?"

And we did.



DEPENDENT ON EACH OTHER
DEPENDENT ON MANY THINGS



INTERDEPENDENCE