**The Gratitude Song**

Everything’s unsatisfactory

What a world, a world of misery !

I couldn’t cope with the tide of complaints,

My mind’s a whirl, my body tense.

Someone said you had a choice,

Everything can’t just be Rolls Royce.

I went for refuge to get out my head,

A wise old teacher in Saffron said.

*“Gratitude’s the attitude,*

*Give your heart some latitude*

*Each present moment’s a gift for today*

*Thinking in a grateful way.” (chorus)*

*Why does it have to rain like this?*

*Why can’t it always be sunny?*

*The weather’s a pain, I have to escape,*

*But RyanAir’s not so funny!*

*Don’t trust the Government !*

*What’s the Council for ?*

*They waste all of my money*

*..and help the rich and not the poor !*

*“Gratitude’s the attitude,…etc (chorus)*

*Why is the food so full of veg ?*

*Why can’t they cook what I want ?*

*Why must I work when I just can’t be asked?*

*What’s the answer, you can be blunt !*

*My folks are so embarrassing,*

*The children won’t sit still.*

*So called ‘friends’ are out for themselves,*

*My partner’s not so brill.*

*“Gratitude’s the attitude,…etc (chorus)*